



News from Foods Resource Bank

Spring 2010

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Upcoming Events

Overseas Trips

Central America

April 2-11

West Africa

Fall 2010

South America

Winter 2010

Africa

Winter 2010

Heart of the Hill

April 19-23:

- Join FRB in attending the Symposium on Global Agriculture and Food Security
-USAID invites you to attend their Advisory Committee on Voluntary Foreign Aid

May 17-21:

-Events for the May HOTH trip are still to be determined.
Please checkout FRB's website for the May schedule coming soon.

June 14-18:

-Attend the announcement of the 2010 World Food Prize Winner. This event will be hosted at the State Department.

Growth in East Africa

The capability and desire of small farmers and their communities in East Africa to grow lasting solutions to hunger, with their own effort and with our support, is truly inspiring and encouraging proof of the great work being supported by FRB.

There are so many inspirational stories to share and perhaps these two following examples will offer a glimpse into the uplifting work taking place in East Africa:

Bamba, Kenya:
When work first began in Bamba approximately 14 years ago, it quickly became apparent to them that water was the major physical issue to be addressed and thus the program funds focused a great deal on water harvesting through various means. The progress has been amazing!



The construction of more than 58 water pans and dams has meant that people, especially women and girls, have reduced their walk for water significantly and are now able to conduct other activities, like growing food, tending animals, and going to school!

Ganze, Kenya:
This is another location of an FRB supported overseas program, where the work, although still in its early days, is really taking hold quickly. Although the Ganze community has a variety of

pressing needs, what is impressive is that the community has embraced the approach of building capacity first, and has refused to prioritize certain projects over others.

When asked questions about priorities, they kindly explain that all their needs are important and that they have structured themselves in such a way that they could begin to address them all. After only 10 months, Ganze has a preschool, adult education, and new and improved roads. The energy and results are certainly something to see.

Save the Date! FRB's Annual Gathering - July 12-15

Please join FRB for this year's Annual Gathering hosted by our Meyersville Maryland Growing Project!

Make your reservations by June 21 to get our group rate of \$99 per night at the Courtyard Gaithersburg Washingtonian Center.

To make your reservation you may call the hotel directly at (301) 527-9000 or (800) 321-2211 and specify the Courtyard Gaithersburg Washingtonian Center.

Reagan Washington National Airport (DCA) and Baltimore Washington International Airport (BWI) are the closest to Gaithersburg if you will be making airline reservations.

The Annual Gathering will begin Tuesday, July 13th in the evening with a social and will end Thursday, July 15th before lunch. More detailed info will be coming soon.

We hope to see you this summer!

We are looking for Growing Project PHOTOS A.S.A.P!

We can always use fresh photos! If you have any of the following types of photos, please send them to us as soon as possible!

Here is what we need:

-Action shots

-Close-ups of Individuals

-Groups of a few people

-Pictures of Children –

We MUST have a consent form signed before sending us photos of children.

Please send us copies of your photos (larger resolution 4MB-10MB is best for printing) on a CD that does not need to be returned

Be sure to label each CD with GP Name, Contact Person and Date

Mail CD to:

Foods Resource Bank
333 Wartburg Place,
Box 5004
Dubuque, IA 52003

Foods Resource Bank
75 Remittance Drive,
Suite 6539
Chicago, IL 60675

foodsresourcebank.org

888 276-4372

Calling All Actors Directors and Camera Crews!

Announcing the first annual Foods Resource Bank **Video Contest!**

Would you like to win a travel scholarship to visit an FRB supported overseas program?

Could your Growing Project use a new digital video camera?

Would you like to add your "voice" to the Foods Resource Bank?

Well, here is your chance. We want to hear from **you!**



Foods Resource Bank is calling on Growing Project would-be-filmmakers to put their ingenuity to work creating a short video about:

"Growing Lasting Solutions to Hunger".

Keep an eye out for more details...coming soon!

Youth in Iowa Get Involved in FRB

If you think you are unable to participate with FRB, learn what a few kids in Iowa were able to do. At FRB, we believe everyone can be involved.

There was already a FRB growing project in Conrad, Iowa called Amaizeing Grace, but Arlyn Schipper wanted to get some of Conrad's youth involved. Taking initiative, he and Sunday school teacher Don Linnenbrink got a garden project organized and last spring six kids from the

middle school Sunday school class at First Presbyterian Church volunteered.

Each child planted their own plot with vegetables and together as a group they planted 3 acres of sweet corn. Once a week they weeded and tended their plots and even though many of the children had no gardening experience, they worked together to ensure every plot was a success.

A local grocery store agreed to buy their produce; some was sold at the local farmers market and the rest to members of the congregation. By fall the garden project had raised \$3,400.00 and the children chose to send it to FRB's Madagascar Antsirabe Tanatave program.

For this spring, Linnenbrink plans on finding more land for more kids. He hopes that at least 12-15 kids will want to participate this year. Moving from his own Sunday

school class he has invited children from neighboring First United Methodist Church to participate as well.

Although the chief organizer, Linnenbrink gives all the credit to the kids. They did all the work with excitement and enthusiasm and are eager to get to work this spring.

With their work these youth have inspired their community. You can be a source of inspiration too!

Through a financial contribution, a growing project, a local fundraising effort, a garden project, church raffle or sale, the ways people choose to participate in FRB are flavored with creativity and based on available local resources and skills. If you have an interest or a passion in FRB, we would love to hear about it. Please contact us; we are always interested in new ideas and projects.

